



Newsletter

The latest updates from Chrisp Street Health Centre | May 2024

What's New?

- January 2024 marks a significant milestone for us, as we welcomed three new members to our reception team: Shuba Rahman, Hasan Miah, and Rhys Turvey. We are confident that their dedication and enthusiasm will contribute to a smooth functioning of our operations. Jacob Tugwood has also joined our admin team as a medical coder. Jacob's organisational skills and commitment will have positive impact with the running of daily tasks in the admin department.
 - We also had Daniela Kostova, taking on the role of HR Manager earlier this year. Her skills and passion for fostering a positive workplace culture will play an important role in supporting our growing team.
 - We are happy to announce that Hafida El-Ghorri has recently started as a Lead Nurse in our Practice. Her experience and leadership qualities will undoubtedly contribute to the continued success of our nursing team.
 - In February 2024, we welcomed Anne Marie Gordon as part of our reception team (PCC Team), and Katherine Ashcroft, who joined the admin team. We are delighted to have them on board and look forward to the valuable contributions they will bring to our practice and patients alike.
- We are excited to announce two new GP placements: Dr Tawassal Riaz and Dr Jessica McGinty, who started in the practice in April this year. They will be training with us until early August 2024.
- In March 2024, Dr Pallavi Sarin stepped up as a GP partner in our practice. This is a significant achievement and a testament to Pallavi's dedication and commitment to our practice.
 - Also, Patrica Namusoke joined the PCC team in May 2024.
 - We are thrilled to announce that Rabia Choudhury and Nimco Suleiman have successfully completed their HCA training and are now fully certified Health Care Assistants.
 - As we welcomed new faces, we also said farewell to three cherished members of our team: Rachel McCredie, Kim Crawford, and Laura James. We express our gratitude for their dedicated service and wish them all the best in their new adventures.

Due to the very high demand on our appointments system, the AccuRx online consultation platform will continue to be switched off between 6pm and 8:30am during weekdays and all day during weekends (similarly to our telephone lines).

There has been a significant increase in Measles cases, and we encourage all patients to get vaccinated with one of the available MMR vaccines.

You will automatically be invited for a vaccination if your medical records do not show that you have had two doses of the Measles vaccination.

Please let our Practice know if you had any vaccines outside of the surgery (or in another country). This will help us keep your records updated at all times.

NHS

You can book an appointment
and catch up on the MMR
vaccine at any age

Getting the NHS MMR vaccine is free
and usually takes just a few minutes

Remember!

When the surgery is closed...
call NHS Direct on **111**, which is available 24/7, and speak to a member of their team for a health advice, or go online at <https://111.nhs.uk/>

**The Tower Hamlets
Extended GP Access Hubs**
offer valuable local GP & Nurse appointments on weekday evenings and weekends. If you want to book a hub appointment, call our mainline number: 0207 515 4860.

Travel vaccinations
We do not offer any travel vaccinations. For more information about local travel vaccination providers, visit our website: <https://www.chrispstreet.org/clinics-and-services/travel-clinic/>

Are you due your annual health review?
Do not delay – give yourself the gift of health!
As part of our commitment to providing high quality care to patients living with long-term health conditions, we continue to invite them for their annual health reviews each year. For more information, please review our website: <https://www.chrispstreet.org/clinics-and-services/clinics/>

Cervical Smear test: don't ignore it!

For women over 25 we offer a cervical smear every 3 years (**every 5 years over the age of 50**). A smear test lasts 5 minutes, the impact of cervical cancer lasts a lifetime! Attend your smear test, reduce your risk!

Find out more:
<https://www.gov.uk/guidance/cervical-screening-programme-overview>

Useful Contact Details

Emergency dental line
020 3594 0938; 0207 767 3203

Citizens Advice Bureau
0207 247 1050

Tower Hamlets 24-hour Mental Health Crisis Helpline
0207 771 5807

Sexual health advice and support
www.alleast.nhs.uk

Remember that you can also get
sexual health testing at the Practice.

Patient Participation Group

Your surgery – your views!

Our Patient Group Meetings are held every three months – new members are always welcome! If you are interested in getting involved, contact the Head of our Patient Care Co ordinating Team, Lucy, at ppgshc@gmail.com. For more information, including the 2024 PPG meetings schedule, please visit our website: <https://www.chrispstreet.org/about-us/have-your-say/patient-participation-group/>

Next PPG meeting:

22 July 2024
(6 pm)

The NHS Friends and Family Test (FFT) was created to help service providers and commissioners understand whether patients are happy with the service provided, or where improvements are needed. It's a quick and anonymous way to give your views after receiving NHS care or treatment.

<https://www.chrispstreet.org/about-us/have-your-say/friends-and-family-test/>



SCAN ME

NHS

Friends & Family Test

Let us know how
we are doing...



Appointment Times

Monday: 8:30am-6:30pm

Tuesday: 8:30am-7:30pm*

Wednesday: 8:30am-7:30pm*

Thursday: 8:30am-7:30pm*

Friday: 8:30am-6:30pm

Saturday: 9:00am-12:00pm*

*Selected weeks only – ask at reception.

Switchboard:

Monday-Friday:
8:30am-6:30pm

Closures in 2024

Chrisp Street Health Centre is closed for services on the following public holidays in 2024:

**1st January, 29th March, 1st April, 6th & 27th May
26th August, 25 & 26th December.**

When we are closed, call NHS 111 or go online at:
<https://111.nhs.uk/> to get help. Thank you!